



# Early Childhood Resource Guide

**2022-2023**

# Mendon, Northbridge, Upton & Uxbridge



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**Basic Needs pages 2-9**

This section contains organizations that provide services to those with basic need issues. Basic needs include: clothing, emergency aid, emergency shelter, money management/financial aid, food, housing, Social Security and transportation

**Catholic Charities Worcester County:** Believes that every person has the right to life, housing, food, shelter, clothing, and health care, and that all should be enabled to participate in the decisions that vitally affect them. Catholic Charities is committed to meeting the needs of the poor, the homeless and the infirm and to enhancing the quality of life for all.  
**508-798-0191, [www.ccworc.org/](http://www.ccworc.org/)**

**MA211:** Statewide resources & subsidized childcare information: Dial **211**

**St. Vincent DePaul:** attempts to assist all people in our area who are lacking any necessities or having a difficult time paying for food, rent, fuel, utilities and/or medicines.  
Contact: **St. Mary's Parish Office: 508-278-2226,**  
**<https://stmaryuxbridge.org/society-of-saint-vincent-de-paul>**

## **Clothing**

**Catholic Charities:** Catholic Charities is committed to meeting the needs of the poor, the homeless and the infirm and to enhancing the quality of life for all. **508-798-0191** [www.ccworc.org/](http://www.ccworc.org/)

**Children's Orchard:** Westboro Shopping Plaza. 18 Lyman Street, Westboro, MA 01581. Phone: (508)366-KIDS;  
<https://westboroughma.childrensorcharde.com/>

**Goodwill Thrift Stores:** Visit this page to see the Goodwill stores in Massachusetts. <https://www.goodwillmass.org/store-hours-locations/>

**Once Again Kids:** 26 Maple Ave, Shrewsbury, MA 01545. Phone: (508)842-3002.

**ReStore:** 640 Lincoln Street, Worcester, MA 01605. Phone: (508) 799-9259. The Habitat for Humanity-MetroWest/Greater Worcester ReStore is a retail outlet that sells quality, gently used and surplus construction, and home improvement materials as well as some home furnishings for a fraction of regular retail prices. Store hours: Tuesday, Wednesday, Thursday, Friday, and Saturday from 10am to 5pm. <https://www.habitatmwgw.org/restore/>

**Savers:** Store in Worcester: 490 Lincoln Street, Worcester, MA 01605. Phone: (508) 853-3653.

**St. James Outreach-Church & Food Pantry:** 89 Main Street., South Grafton, MA 01560. Parish Office: 508-839-3993 x10 Our service includes: Distribute food and personal care items monthly. Provide school supplies and summer Rec programs for children. Coordinate the annual Giving Tree, to provide holiday gifts to families and senior citizens in Grafton, and members of the parish in area nursing homes. Address other emergency situations throughout the year. [outreachstj@gmail.com](mailto:outreachstj@gmail.com), <https://ourladyofhopegraffton.org/st-james-outreach>

**Urban Missionaries of Our Lady of Hope-Little Store:** 242 Canterbury Street, Worcester MA 01603. Phone: (508)831-7455. The Little Store (which is a thrift store) makes available to working poor and low-income residents a number of services. The LittleStore has almost everything a family needs to survive at very low prices. Call the store, and make donations of clothing,

furniture and household goods.

<https://www.urbanmissionaries.com/community-programs/little-store-final/>

## **Food**

**Food Pantries:** Locations in Mendon, Northbridge, Upton, and Uxbridge

**Mendon:** Mendon Senior Center, 62 Providence Street  
Mendon, MA 01756. Phone: 508-478-6175

**Northbridge:** 20 Highland Street Whitinsville, MA 01588.  
Phone: 508-234-4599

**Upton:** The United Parish of Upton, 1 Church Street, Upton,  
MA 01568. Phone: 508-529-3192

**Uxbridge:** People First, 19 Douglas Street, Uxbridge, MA.  
Phone: 508-278-5506

**John 21 Community Breakfast:** Free breakfast offered every Saturday 8:00-10:00am at St Patrick's Church; 7 East Street, Whitinsville, MA. Phone: 508-234-5656, <https://mystpatrick.com/john-21-breakfast>

**Peace of Bread Community Kitchen:** Offer a free hot meal. Open every Wednesday evening, 5:30-7:00PM at United Presbyterian Church, 51 Cottage Street Whitinsville, MA. Phone: 508-234-8220

**WIC (Women, Infant & Children):** Food and Nutrition Services (FNS) program of the United States Department of Agriculture (USDA) for healthcare and nutrition of low-income pregnant women, breastfeeding women, and children under the age of five. Families can check their eligibility and start an online application on the site below. Whitinsville office: 508-234-5687, 84 Church Street, Whitinsville.

**[www.mass.gov/wic](http://www.mass.gov/wic)**

## **Fuel Assistance:**

**Mendon:** Mendon Senior Center

62 Providence Street, Mendon - Phone: 508-478-6175

**Northbridge:** Northbridge Senior Center, 20 Highland Street, Whitinsville,  
508-620-1230 OR 800-286-6776

**Upton:** 2 Farm Street, Upton Phone: 508-529-4558

**Uxbridge:** Council on Aging,  
36 South Main Street, Uxbridge. Phone: 508-278-8622 1-800-286-6776

### **SMOC- FAP**

7 Bishop Street, Framingham, MA 01702, 800-286-6776

## **Housing: Affordable Housing/Housing Authority:**

**Mendon:** Affordable Housing

20 Main Street, Mendon MA 424-262-4265

Housing Authority, 9 Blackstone St., Mendon, 508-473-9130

**Northbridge:** Housing Authority

12 Colonial Drive Whitinsville MA 508-234-7736

**Upton:** Affordable Housing Trust

1 Main Street Upton MA 01568/ 508-529-6901

**Uxbridge:** Uxbridge Housing Authority, 31 Calumet Court, Uxbridge, MA  
01569, 508-278-3232

### **Catholic Charities - Milford**

200 Main St. Milford, MA , 01757 Phone: (508) 234-3800,

<https://www.ccworc.org/>

<https://www.ccworc.org/services/>

Complete list of services: [https://dbdfa2.p3cdn1.secureserver.net/wp-content/uploads/2019/07/CC\\_Services\\_11\\_6\\_2018-2.pdf](https://dbdfa2.p3cdn1.secureserver.net/wp-content/uploads/2019/07/CC_Services_11_6_2018-2.pdf)

Various social services, shelter, and referrals to transitional housing is offered. Case managers can advise low-income families, seniors, and others on rental assistance, no interest loans, and other support.

### **Central Massachusetts Housing Alliance (CMHA)**

6 Institute Rd, Worcester Phone 508-752-5519,

<https://www.cmhaonline.org/programs>

<https://www.mass.gov/service-details/residential-assistance-for-families-in-transition-raft-program>

RAFT program. It helps those facing eviction, a crisis and the currently homeless. The agency may offer short term, emergency transitional housing. Also explore government benefits and get referrals. Local non-profit partners in Worcester may have funds or forgivable loans to pay for a security deposit fee, utility connection, or rent. Case management and job training resources are also a focus.

**Emergency Stabilization & Homeless Prevention Program – Catholic Charities**

10 Hammond Street, Worcester, Massachusetts 01610 Phone: 508-798-0191 and 200 Main Street, Milford, MA 01757

Contact: 508-234-3800. <https://www.ccworc.org/services/basic-needs-and-emergency-assistance/>

They offer several programs that provide basic needs and financial assistance, as resources allow. The area office staff focuses on assisting individuals and families to address the risk factors that have resulted in food, housing, and socioeconomic insecurity. The case management efforts are aimed at helping clients to stabilize their immediate circumstances, address any urgent safety concerns, learn to appropriately budget and manage their resources, plan for further education or a more stable job placement, and work proactively with the case manager to move along a path to self-sufficiency.

**Massachusetts Housing Consumer Education, Worcester Centers**

Local agency finder: <https://www.masshousinginfo.org/>

Worcester Region: RCAP Solutions Inc.

191 May Street, Worcester, MA 01602,

Directory for all services: 978-630-6600, Toll-Free:1-800-488-1969

website: [www.rcapsolutions.org](http://www.rcapsolutions.org)

**Salvation Army - Milford**

29 Congress Street, Milford, MA 01757 Phone: (508) 473-0786, 1-800-SAL-ARMY

Like many other Salvation Army branches, a number of crisis programs are offered for food, prescriptions, housing, and rent. The non-profit charity organization also partners with other groups such as churches.

**SMOC Housing in Northbridge**

2225 Providence Rd, Northbridge, MA 01534

(508) 234-4041

## **Medical Care**

The following **Healthcare Providers** are available to residents in Mendon, Northbridge, Upton & Uxbridge:

- Blackstone Valley Family Physicians / 508-234-6311
- Blackstone Valley Physical Therapy / 508-234-7544
- Edward M. Kennedy Community Healthcare Center (Milford) 800-853-2288
- Milford Regional Hospital / 508-473-1190
- Milford Regional Tri-County Urgent Care at Northbridge/508-372-3510
- Uxbridge Orthopedics / 508-278-7810
- Tri-River Family Health Center / (508) 278-5573
- Whitinsville Pediatrics / 508-234-7311

The following **Medical Homes** are available to residents in Mendon, Northbridge, Upton & Uxbridge:

- Milford Regional Physicians Group at Blackstone Valley 508-234-6311
- UMass Memorial Medical Center at Tri-River Family Health Center / 508-278-5573

### **Epworth Methodist Church**

Free medical clinic walk-in program for individuals and families who do not have or can afford health care. Services include sick visits and Laboratory testing. TB testing done as well. <https://www.worcesterfreecare.org/epworth/>  
Location: 64 Salisbury St., Worcester, MA Telephone: 508-752-2376, Hours: Every Monday 6-8 pm

### **Milford Emergency Associates Walk In Medical Center**

Provides medical services to children and adults without appointment. Services include Physicals for sports or school, immunizations (as long as previous records are available). They do not provide treatment. Modest payment plans are available. Location: 14 Asylum St., Milford, MA Hours: Monday - Friday 9 am - 6 pm Telephone: 508-473-5500

### **Ronald McDonald Care Mobile**

<https://www.ummhhealth.org/umass-memorial-medical-center/locations/ronald-mcdonald-care-mobile>

The UMass/Memorial Ronald McDonald Care Mobile program goal is to improve access to medical and dental care for underserved children and their families by providing health services in a community-based mobile clinic. There is no cost to patients for the care they offer. They visit 10 Worcester neighborhood sites



where, in addition to providing medical and dental services, they also work with families to find resources for ongoing health care, including access to primary care providers, assistance with health insurance enrollment, and referral to other social services as needed. This mobile clinic will not provide care for illness or injury-based visits. It is for preventative care including: physical exams, lab testing, immunizations, TB testing, and Dental services. You will need to provide a bill (of any kind) to show address. It is available to anyone in Worcester or surrounding communities.

Location: Varies per schedule

Telephone: 508-334-6073 (call to schedule an appointment)

Hours: Most weekdays 9 am- 3 pm

### **St. Anne's Church**

<https://stannesparish.org/free-medical-program>

St. Anne's provides high quality health services to individuals and families without adequate access to health care in the greater Worcester community.

Services include: School Physicals, sick visits, immunizations, TB testing, Medications for the uninsured, Dermatological services on the first Tuesday of the month only,

Pediatrician services on the first Tuesday of the month only, Podiatry services on the last Tuesday of the month only, Psychiatric services and assistance with health insurance.

Location: St. Anne's Church, 130 Boston Turnpike Road (Rt. 9), Shrewsbury, MA

Telephone: 508-523-6138. Time: Every Tuesday from 6-8pm; no appointment needed (first-come, first-serve).

### **Wesley Methodist Church Eye & Ear Program**

The Free Medical care program is open on select Monday evenings from 6 PM to 8 PM (CLOSED on holidays). Services include eye exams; reduced-cost eyeglasses; For more information refer to:

<https://www.wesleyworc.org/wp-content/uploads/2023/05/2023-Medical-Ministry-Schedule-June.pdf>

<https://www.wesleyworc.org/>

Location: 114 Main St., Worcester, MA, Telephone: 508-799-4191 Hours: every select Mondays from 6-8 pm

## **MENTAL HEALTH RESOURCES**

### **Community Health Link (CHL)**

68-72 Jacques Ave. Worcester Ma. 01610

Our "Front Door" model provides three ways for individuals to access our services:

Phone 24/7 508-860-1000

Online 24/7 [www.communityhealthlink.org](http://www.communityhealthlink.org)

In-person at two walk-in sites Worcester & Leominster

We provide 24-hour confidential care - help without the wait.

If you or someone you know is experiencing a mental health emergency, call toll free: (800) 977-5555

[Info@Communityhealthlink.org](mailto:Info@Communityhealthlink.org)

CHL has an acute care inpatient: Motivating Youth Recovery (MYR) Teenagers can call 508-860-1244 for a telephone intake.

<https://www.communityhealthlink.org/program/motivating-youth-recovery-myrt>

### **Family Continuity Program / Advocates**

76 Church St #301, Whitinsville, MA 01588

Phone: 508-234-4181

[www.familycontinuity.org](http://www.familycontinuity.org)

Family Continuity Program provides outpatient services to families, children, & adolescents. They offer in home support services to children receiving services through DMH, DCF, & DPS. The Family Continuity Program offers many outpatient group therapies such as Anger Management, ADHD Skills, Youth Social Skills, Parenting, & Grief/Loss groups.

### **Hearts in Hand Therapy Services, Inc.**

135 Gold Star Blvd, Worcester, MA 01606

(844) 543-8437

<https://www.heartsandhandstherapy.com/>

### **Holly Fischer-Engle (LICSW)**

23 Water Street, Ste 204, Holliston, MA 01746

Phone: 774-507-0072

### **Jaime Niedzwiecki – Developmental Therapist**

Kennedy Donovan Center 486 Worcester St, Southbridge, MA 01550

Phone: (508) 765-0292

### **LINK-KID**

Lifeline for Kids Linking Families, Training Providers, Informing Communities 1-855-

LINK-KID

<https://www.umassmed.edu/cttc/>

**LUK, Inc.**

800-579-0000

978-345-0685

LUK.org

LUK is a not-for-profit social service agency located in Central Massachusetts dedicated to improving the lives of youth and their families.

**Lurie Center for Autism**

1 Maguire Road, Lexington, MA 02421, Phone: 781-860-1700, Fax: 781-860-1766

Email: [luriecenter@partners.org](mailto:luriecenter@partners.org)

Hours: 8:30 a.m. - 5:00 p.m.

<https://www.massgeneral.org/children/autism/lurie-center>

**Massachusetts Society for the Prevention of Cruelty to Children - (MSPCC)**

108 Belmont St., Worcester

Phone: 508-753-2967

[www.mspcc.org](http://www.mspcc.org)

Provides a multitude of outpatient services.

**Meg Manning, PHD, Child Psychologist-**

6 Colonial Drive, Westboro, MA 01581, 508-475-9661

**Milford Franklin Counseling**

409 Fortune Blvd. Milford, MA 01757

Phone 508-473-7400

[www.milfordfranklincounseling.org](http://www.milfordfranklincounseling.org)

Milford Franklin Counseling offers comprehensive services to children, adolescents, & families.

**NESCA - Neuropsychology & Education Services for Children & Adolescents**

Newton Office: 55 Chapel Street, #202, Newton, MA 02458

Plainville Office: 74 Taunton St, Unit G01, Plainville, MA 07762

Phone: 617-658-9800

<https://nescanewton.com/>

**UMASS Pediatric Behavioral Health**

55 Lake Ave North, Worcester, MA 01655, phone: 774-442-3028

<https://www.umassmed.edu/pediatrics/divisions/dbp/>

**Northeast Family Services**

229 Lincoln St. #201, Worcester, MA. 774-206-1125

<https://www.northeastfamilyservices.com/massachusetts>

### **Northeast Health Services**

Have Questions About Getting Started? Call Today: 781.772.8867

[https://nehs.transformationsnetwork.com/?utm\\_source=gmb&utm\\_medium=yext](https://nehs.transformationsnetwork.com/?utm_source=gmb&utm_medium=yext)

### **Riverside Community Care Outpatient Center**

206 Milford St, Upton, MA 01568

phone (508) 529-7000

Youth Mobile Crisis Intervention

Phone: 800-294-4665 or 508-634-3420

[www.Riversideecc.org](http://www.Riversideecc.org)

Riverside Community Care's Youth Mobile Crisis Intervention Services can provide evaluation of children in their homes or at school.

### **Wayside Youth & Family Counseling**

8 Asylum Street Milford MA 01757

508-478-6888

[www.Waysideyouth.org](http://www.Waysideyouth.org)

Wayside Family Counseling Center provides a full range of mental health and substance use services for children, adolescents, & families. Wayside also provides acute residential services for children & adolescents.

### **Maternal Mental Health Resources**

**Interface Mental Health & Wellness Referral Service Helpline:** (888) 244-6843

**Massachusetts Behavioral Health Help Line:** (833) 773-2445,

[www.masshelpline.com](http://www.masshelpline.com)

### **Public Transportation**

**Please see Public Transportation (WRTA Route Map) on page 25-26**

## **Early Education and Care - pages 12-16**

**Child Care Resource & Referral:** Provides information and services to help families to locate affordable, quality childcare. **508.796.1821**

**[www.sevenhills.org/programs/resources-for-parents-families](http://www.sevenhills.org/programs/resources-for-parents-families)**

**<http://www.eec.state.ma.us/ChildCareSearch/CCRR.aspx>**

**Early Intervention (EI):** Provides family-centered services to help children who qualify to develop the skills they will need to continue to grow into happy and healthy members of the community.

**[www.mass.gov/eohhs/gov/departments/dph/programs/family-health/early-intervention/](http://www.mass.gov/eohhs/gov/departments/dph/programs/family-health/early-intervention/)**

**Get Ready to Read!:** Program to support educators, parents, and young children in the development of early literacy skills in the years before kindergarten.

**[www.getreadytoread.org](http://www.getreadytoread.org)**

**Guild of St. Agnes:** Private, non-profit child care agency. Founded in 1913, the Guild's mission is to provide families with quality, affordable, early childhood education and school age programs for children from 4 weeks to age 12.

**508-755-2238**

**[www.guildofstagnes.org](http://www.guildofstagnes.org)**

**MA Dept. of Early Education & Care (EEC):** Supports families in their essential work as parents and caregivers. **Search for licensed providers at the following site:**

**[www.mass.gov/early-education-and-child-care-programs-and-agencies](http://www.mass.gov/early-education-and-child-care-programs-and-agencies)**

**MA Dept. of Public Health:** Assistance in understanding services for children and youth with special needs. **617-684-6000**

**[www.mass.gov/dph](http://www.mass.gov/dph)**

**WIC (Women, Infant & Children):** Food and Nutrition Service (FNS) program of the United States Department of Agriculture (USDA) for healthcare and nutrition of low-income pregnant women, breastfeeding women, and children under the age of five. **Whitinsville Office: 508-234-5687**

**[www.mass.gov/wic](http://www.mass.gov/wic)**

**Zero to Three:** Mission is to ensure that all babies and toddlers have a strong start in life. This website shares tools, charts, tips and much more to help you foster a strong start for your little one.

**[www.zerotothree.org](http://www.zerotothree.org)**

## **Childcare Providers/ Preschool**

### **Family/Home Based Early Education & Care Providers**

**[www.eec.state.ma.us/ChildCareSearch/EarlyEduMap.aspx](http://www.eec.state.ma.us/ChildCareSearch/EarlyEduMap.aspx)**

### **Adviniacare Early Education Center**

Infants: For children ages 4 weeks through 15 months.

Toddlers: For children ages 15 months through 2 years, 9 months.

Preschool Program: For children ages 2 years, 9 months up until Kindergarten at age 5 or 6.

Lori Hanson, Director 508-234-8009 X1, 85 Beaumont Drive, Northbridge, MA 01534, [lhanson@adviniacare.com](mailto:lhanson@adviniacare.com)

### **Blackstone Valley Children's Place**

Non-profit Preschool/Kindergarten Prep and school age program, offering half day and full day programs, year-round (including non-school and vacation days). 60 Main Street, Whitinsville, MA

**Ginny Alicea, Director 508-234-8184x105**

<https://www.whitincommunitycenter.com/our-community/blackstone-valley-childrens-place/>

### **Head Start/SMOC**

Free federal multi-service preschool program that promotes school readiness for income eligible children and their families. Offers Home Based and Center Based programs. (Ashland, Framingham, Marlboro, Medway, Milford, Northbridge and surrounding towns.)

**7 Bishop St., Framingham, MA 01702 508-820-8380**

### **Little Saints Preschool**

100A South St., Upton, MA 01568, 508-603-1833, [uptonslittlesaints@gmail.com](mailto:uptonslittlesaints@gmail.com)

### **Precious Ones Child Care**

130 Douglas Street, Uxbridge, MA 01569, 508-779-7365, [poccerin@outlook.com](mailto:poccerin@outlook.com)

### **Stepping Stone Preschool**

Stepping Stone Preschool believes the early years should be a positive, wonder-filled time of learning in an environment of fun, security, and discovery. We believe your child is a gift from God, a treasure to be guarded and cultivated which requires the heart and soul of excellent Christian teachers. **508-234-8211**

**x 3278, Julie Davison, Preschool Manager**

**[www.whitinsvillechristian.org/stepping-stone-home/](http://www.whitinsvillechristian.org/stepping-stone-home/)**

### **Whitinsville Christian School**

Whitinsville Christian School is a private school offering a vibrant environment of 21st century learning for preschoolers through high school students. We invite you to discover more about our joy-filled community that inspires innovative learning, passionate leading, and faithful serving. 279 Linwood Ave, Whitinsville, 508-234-8211 ext. 3278  
[www.whitinsvillechristian.org](http://www.whitinsvillechristian.org)

### **Local Resources/ Early Childhood Council Members**

#### **Beginning Bridges CFCE**

Parent/child playgroups, parent education, ASQ Developmental Parent Questionnaire and resources for families with children birth-8 years old.

**Emily Murray, Coordinator**

**508-278-5110**

[www.beginningbridgescfce.weebly.com](http://www.beginningbridgescfce.weebly.com)

[www.facebook.com/thebeginningbridgescfce/](https://www.facebook.com/thebeginningbridgescfce/)

#### **Criterion Child Enrichment, Inc. - Early Intervention Program (EI)**

Early Intervention provides family-centered services to help children who qualify to develop the skills they will need to continue to grow into happy and healthy members of the community.

**Maggie Finnegan, LICSW: Program Director, Milford, 508-478-7752**

**Nicole Shapiro, Site Coordinator in Whitinsville, 508-234-1332 ext. 222**

[www.criterionchild.com](http://www.criterionchild.com)

#### **Family Continuity**

Family Continuity is a private, non-profit family service and behavioral healthcare organization committed to serving communities, families, and individuals through a wide range of outpatient and home-based services.

**508-234-4181, [www.familycontinuity.org](http://www.familycontinuity.org)**

#### **Blackstone Valley Connector**

Community Resource Center was developed by the Northbridge Coalition and is housed at Family Continuity. It is staffed to help community members gain access to resources throughout their community and surrounding towns.

**Hout 508-488-5084**

<https://www.familycontinuity.org>

<https://www.facebook.com/blackstonevalleyconnector/>

[bvchelp@familycontinuity.org](mailto:bvchelp@familycontinuity.org)

**76 Church St. Whitinsville, MA 01588**

**Lori**

### **Healthy Families**

Parent support program for first time parents under 21. The program works in the family's home to help provide support, information about child development, links to community resources, and personal goal achievement.

**508-482-5939** -Framingham/Milford –**Alyssa Nazareno, Program Coordinator**

**[www.healthyfamiliesma.org](http://www.healthyfamiliesma.org)**

### **Northbridge Coalition**

A community-based group of service providers, educators and leaders whose goal is to help address needs and highlight strengths of the community.

**[www.facebook.com/northbridge coalition](https://www.facebook.com/northbridge-coalition)**

### **People's First Interagency for Uxbridge**

Coordinated by the Uxbridge Chief of Police, this interagency group meets the first Wednesday of each month at 9 am at the Uxbridge Police Station from Sept. through June.

**[JDaley@uxbridge-ma.gov](mailto:JDaley@uxbridge-ma.gov)**

### **Whitin Community Center**

WCC is the Blackstone Valley's most complete family recreation center and committed to enhancing the health and well-being of individuals and families and building a strong community in the Blackstone Valley. Programming brings community members of all ages and backgrounds together. 60 Main,

Whitinsville, MA. **508-234-8184**

**[www.whitincommunitycenter.com](http://www.whitincommunitycenter.com)**

## **Local Libraries**

### **Taft Public Library**

Taft Public Library is a place for the Mendon community to meet, learn, share, and create. The library encourages literacy and lifelong learning and is committed to addressing its patrons' educational, personal, and professional needs through the materials, resources and programs it provides.

**508-473-3259 Tara Windsor, Children's Librarian**

**[www.taftpubliclibrary.org](http://www.taftpubliclibrary.org)**



### **Upton Public Library**

Located in downtown Upton at the New Community Center at 9 Milford St., the library holds programs for all ages including: baby and preschool story times, Lego Club, Teen Tuesdays, as well as various events throughout the year.

**508-529-6272 Lee Ann Murphy, Children's & Young Adult Librarian**

**[www.uptonlibrary.org](http://www.uptonlibrary.org)**

### **Uxbridge Free Public Library**

Uxbridge Free Public Library is a center for community and lifelong learning. The Mission of the Uxbridge Free Public Library shall be to serve the town of Uxbridge as a center for education, culture, recreation, networking and information.

**508- 278-8624 Sonya Campbell, Youth Services Librarian/Asst. Director**

**[www.uxbridgelibrary.org](http://www.uxbridgelibrary.org)**

### **Whitinsville Social Library**

Whitinsville Social Library serves the entire Northbridge community as a welcoming place that enlightens, informs, and entertains. We strive to connect people to a variety of library materials, resources and experiences that support lifelong learning and literacy.

**508-234-2151 Heather Wade, Youth Services Librarian**

**[northbridgemass.org/whitinsville-social-library](http://northbridgemass.org/whitinsville-social-library)**

## **Massachusetts Helplines: Information, support and referrals for a variety of health-related issues and topics pages 16-18**

**Alternatives for Adults with Disabilities:** 508- 234-6232

**Cancer:** National Cancer Institute: 800-422-6237

**Car Safety:** Massachusetts Passenger Safety Program: 877-392-5956

**Child at Risk Hotline:** 800-792-5200

**Federation for Children with Special Needs:** 800-331-0688, (617) 236-7210

**Food and Nutrition:** WIC Whitinsville (Women, Infant & Children): 508-234-5687

**Gambling:** Massachusetts Council on-Gambling & Health: 800-426-1234

**Heat:** Massachusetts Department of Housing and Community Development  
Heat Line: 800-632-8175

**Housing Consumer Education Center:** SMOC 508-872-0765

**Infectious Disease:** Center for Disease Control: 800-232-4636

**Interface Mental Health & Wellness Referral Service Helpline:** (888) 244-6843

**Lead Poisoning Prevention:** Massachusetts Childhood Lead Poisoning Prevention Program: 800-532-9571

**MA 211:** Statewide resources & subsidized child care information: Dial **211**

**MA Dept. of Children and Families:** (DCF) 508-929-1000

**MA Dept. of Transitional Assistance:** 508-634-7100

**Massachusetts Behavioral Health Help Line:** (833) 773-2445

**Parents Helping Parents – 24/7 Parental Stress Hotline:** 800-632-8188

**Poison:** Poison Control and Prevention Hotline: 800-682-9211

**Radon:** Department of Public Health: 800-723-6695

**SNAP Benefits/Food Stamps:** DTA at 1-877-382-2363 or Project Bread at 1-800-645-8333

**Substance Addiction and Recovery Support:** Massachusetts Substance Use Helpline: 800-327-5050

**Tobacco:** The Massachusetts Smoker's Helpline: 800-784-8669

### **MA 211**

A Massachusetts information and referral hotline where families get on state list for subsidized childcare. Trained and multilingual specialists are available 24 hours a day, 7 days a week. **Dial 211 from a phone or text your zip code to 877-211-6277.**

**[mass211.org/](http://mass211.org/)**

### **MA Dept. of Children and Families (DCF)**

Works in partnership with families and communities to keep children safe from abuse and neglect. In most cases, DCF is able to provide supports and services to keep children safe with parents or family members. When necessary, DCF

provides foster care or finds new permanent families for children through kinship, guardianship or adoption.

**508-929-1000**

**[www.mass.gov/orgs/massachusetts-department-of-children-families](http://www.mass.gov/orgs/massachusetts-department-of-children-families)**

### **MA Dept. of Transitional Assistance**

Assists and empowers low-income individuals and families to meet their basic needs, improve their quality of life, and achieve long term economic self-sufficiency.

**508-634-7100**

**[www.mass.gov/eohhs/gov/departments/dta/](http://www.mass.gov/eohhs/gov/departments/dta/)**

### **New Hope**

Works throughout Massachusetts to build an anti-violence movement to end sexual and domestic violence. We seek to create communities free from violence, where individuals and families are able to achieve their full human potential

**1-800-323-4673**

**<http://www.new-hope.org>**

### **The Parental Stress Line**

A 24-hour hotline, the Parental Stress Line is staffed by trained volunteer telephone counselors who care and are concerned about the preservation of families.

**[www.parentshelpingparents.org/parental-stress-line](http://www.parentshelpingparents.org/parental-stress-line)**

## **Mendon Resources**

**[www.mendonma.gov](http://www.mendonma.gov)**

**Emergency Number: 911**

**Affordable Housing:** 20 Main Street, Mendon, MA 01756 /424-262-4265

**Fire:** 8 Morrison Dr., Mendon, MA 01756 / 508-473-5330

**Food Pantry:** Mendon Senior Center, 62 Providence Street Mendon, MA 01756 /508-478-6175

**Fuel Assistance:** Mendon Senior Center, 62 Providence Street Mendon, MA 01756 / 508-478-6175

**Library:** Taft Public Library 29 North Ave. Mendon, MA 01756 / 508-473-3259

**Police:** 22 Main Street Mendon, MA 01756 / 508-478-2737

**Mendon-Upton School District:** 150 North Ave, Mendon, MA 01756 / 508-634-1585

**Clough Elementary School:** 508-634-1580 – Preschool Coordinator – Jackie Wheelock

## **Northbridge Resources**

**[www.northbridgemass.org/](http://www.northbridgemass.org/) Emergency Number: 911**

**Emergency Shelter:** Call for information: 508-266-5122

**Fire /EMS:** 193 Main Street Whitinsville, MA 01588 / Non-Emergency Phone: (508)234-8448

**Food Pantry:** 20 Highland Street Whitinsville, MA 01588 / 508-234-4599

**Fuel Assistance:** 508-620-1230 OR 800-286-6776 [recorded information] 508-620-2318 [to leave a message] for SMOC-FAP AT 7 Bishop St, Framingham, MA 01702

**Housing Authority:** 12 Colonial Drive Whitinsville, MA 01588 / 508-234-7736

**Library:** 17 Church Street Whitinsville, MA 01588 / 508-234-2151

**Police:** 1 Hope Street Whitinsville, MA 01588 / Non-Emergency- 508-234-6211

**Schools:** Administration Building 87 Linwood Ave Whitinsville, MA 01588 / 508-234-8156

**Northbridge Elementary School (NES) :** 508-234-6346 – Jill Redding, Early Childhood Coordinator

## **Upton Resources**

**[www.uptonma.gov](http://www.uptonma.gov) Emergency Number: 911**

**Affordable Housing Trust:** 1 Main Street (mailing address: 1 Main Street, Box 1, Upton, MA 01568 / 508-529-6901

**Emergency Management:** 20 Church Street, Upton, MA 01568 / 508-529-1017

**Fire EMS t:** 20 Church Street, Upton, MA 01568 / Non-Emergency Phone: 508-529-3421

**Food Pantry:** The United Parish of Upton, 1 Church Street, Upton, MA 01568 / 508-529-3192

**Fuel Assistance:** 2 Farm Street, Upton, MA 01568 / 508-529-4558

**Library:** 9 Milford St., Upton, MA 01568 / 508-529-6272

**Police:** 30 School Street, Upton, MA 01568 / Non-Emergency Phone: 508-529-3200

**Mendon-Upton School District:** 150 North Ave, Mendon, MA 01756 / 508-634-1585

**Memorial Elementary School:** 508-529-1020 – Preschool Coordinator –Jackie Wheelock

## **Uxbridge Resources**

**[www.uxbridge-ma.gov](http://www.uxbridge-ma.gov) Emergency Number: 911**

**Affordable Housing Committee:** Town Hall, 21 S. Main Street, Uxbridge, MA 01569 / 508-278-8600

**Uxbridge Housing Authority,** 31 Calumet Court. 508-278-3232

**Fire /EMS:** 25 South Main Street. Uxbridge, MA 01569 / Non-Emergency Phone: 508-278-2787

**Food Pantry:** People First, 19 Douglas Street, Uxbridge, MA / 508-278-5506

**Fuel Assistance:** 1 (800) 286-6776 or to seek help with application Council on Aging at 36 South Main Street, Uxbridge, MA 01569 / 508-278-8622

**Library:** 15 North Main Street Uxbridge, MA 01569 / 508- 278-8624

**Police:** 275 Douglas Street, Uxbridge, MA 01569 / Non-Emergency Phone: 508-278-7755

**Schools:** Administration Building 9 N. Main St. Uxbridge / 508-278-8648

**Taft Early Learning Center :** 508-234-6346 – Jennifer Bellville, Principal / 508-278-8643

## **Great Places to Visit!! pages 21-22**

**Remember to check your local library for discount passes to**

## **some of the attractions listed below.**

### **Blackstone River & Canal Heritage State Park (River Bend Farm):**

287 Oak St., Uxbridge, MA 01569 / 508-278-7604 The Blackstone River features 1000 acres of natural park, filled with trails and historical sites. The park also has biking, horseback riding, canoe access, fishing, hunting and picnic areas.

### **The Discovery Museums:**

177 Main St, Acton, MA 01720 / 978-264-4200

The Discovery Museums is a non-profit science and children's museum in Acton, MA. Established in 1982, the Children's Discovery Museum and the Science Discovery Museum share a 4.5-acre campus.

### **EcoTarium:**

222 Harrington Way Worcester, MA 01604 / 508-929-2700

The EcoTarium is a family-friendly, indoor-outdoor museum located in Worcester, Massachusetts. We offer three floors of interactive exhibits, exciting shows in the digital planetarium, daily Science Discovery programs, live animal habitats, hikes through forest and meadow nature trails, outdoor imaginative play, and a train ride around the grounds (seasonal).

### **Fairmount Fruit Farm:**

885 Lincoln Street, Franklin, MA 02038 / 508- 533-8737

Fairmount Fruit Farm has been providing the community with the freshest quality goods since 1920. As a family owned and operated farm, we look forward to continuing this tradition with you and your families for many years to come. Pick your own fruit as well as a fruit/vegetable stand.

### **Museum of Science:**

1 Science Park Boston, MA 02114 / 617-723-2500

The Museum's mission is to play a leading role in transforming the nation's relationship with science and technology.

### **Mystic Aquarium:**

55 Coogan Blvd, Mystic, CT 06355 / 860-572-5955

Journey into the aquatic world at this combination tourist attraction and research facility, where every underwater creature is more amazing than the last. Exhibits put you in close proximity to whales, penguins, sea lions and a 30,000-gallon tank, where exotic fish from around the world strut their stuff.

### **Providence Children's Museum**

100 South St, Providence, RI 02903 / 401- 273-5437

Hands-on creative learning environment with active programs & a focus on play for young children

**Roger Williams Zoo:**

1000 Elmwood Ave, Providence, RI 02907 / 401-785-3510

Located amid 40 acres of beautiful woodlands, the Roger Williams Park Zoo provides visitors the opportunity to see animals from all over the globe – some more than a million years old. Naturalistic surroundings are home to more than 100 species of animals including a Komodo dragon, as well as zebras, red pandas, African elephants, Masai giraffes, snow leopards, bears, anteaters, flamingoes, sloths, alligators, and more! Kids from two to 102 have the opportunity to feed giraffes and harbor seals, as well as an array of farmyard animals. For something slightly out of the ordinary, visit our new Explore and Soar area offering an exhilarating zip ride, a train excursion through the woodlands, and camel rides.

**Southwick Zoo:**

Southwick Street Mendon, MA / 800-258-9182

Prepare to be amazed viewing giraffes, lions, tigers, white rhinos, and chimpanzees in our beautiful 200 acres of naturalistic habitats. Southwick's Zoo is home to 850 exotic animals from around the world and our interactive exhibits are fun for all ages. Stroll leisurely through our 35 acre deer forest, where the deer roam free or ride the Woodlands Express train ride through the North American Elk habitat and wetlands.

**Upton State Forest:**

205 Westboro Road, Upton, MA 01568 / 508-278-6486

This 2,660-acre forest offers a mix of nature and history. Explore some of the historic structures built by the Civilian Conservation Corps, a program that provided employment during the Great Depression, located here. Visitors can also hike and cross-country skiing.

**Visit New England:**

Provides detailed ideas of activities and trips for any time of the year; you'll find family friendly lodging, activities, and adventures on day trips, weekend getaways, and longer vacations.

**[www.visitnewengland.com/all/](http://www.visitnewengland.com/all/)**





Mass. Department of Public Health  
Division for Children & Youth with Special Health Needs  
**Understanding Services for Children & Youth with Special Needs**

Help with your child and family's immediate needs

**1-800-882-1435**

Insurance, Financial Assistance, Direct Care, Service Coordination, and Family Support:

#### US Social Security Administration

(800) 772-1213 (800) 325-0778 (TTY) [www.ssa.gov/pubs/10026.html](http://www.ssa.gov/pubs/10026.html)

- **Social Security benefits for children with disabilities**  
*Financial assistance (monthly payments) and MassHealth for disabled children with limited financial resources*

#### Mass. Commission for the Deaf and Hard of Hearing

(617) 740-1600 [www.mass.gov/mcdhh](http://www.mass.gov/mcdhh)

*Wide range of services including case management, interpreters, technology assistance, information, advocacy, training and support*

(800) 249-9949 [www.mass.gov/mcdhh](http://www.mass.gov/mcdhh)

**For emergencies support only.** *Services for sign language interpreters, medical and mental health support is available M-F 9-5, Legal services are offered 24/7*

#### Massachusetts Commission for the Blind

(800) 332-2772 [www.state.ma.us/mcb](http://www.state.ma.us/mcb)

*Specialized social and rehabilitative services, medical and financial assistance, and translation services in all languages*

#### Office of Medicaid

- **MassHealth** [www.mass.gov/masshealth](http://www.mass.gov/masshealth)

- Enrollment center: (800) 408-1253 or (800) 231-5698 (TTY)  
- Customer service: (800) 841-2900, or (800) 497-4648 (TTY)  
- General line (888) 665-9993

##### MassHealth Standard

*Medical insurance available to children regardless of disability based on family income. In addition to SSI, MassHealth has 2 other programs for children with disabilities:*

- **CommonHealth**

*A state program to purchase MassHealth for medically-eligible children for a premium based on gross income and family size (regardless of finances).*

- **Kaileigh Mulligan (Home Care for Disabled Children)**

(800) 408-1253 (800) 231-5698 (TTY)  
*Provides funding for in-home care of children who are dependent on invasive medical technology and have 2 separate nursing needs daily. Medically eligible children obtain MassHealth Standard regardless of parent's income or assets.*

- **MassHealth Standard CommonHealth Premium Assistance Program (MSCPA)**

(800) 862-4840  
*Provides financial assistance to reimburse most employer based health insurance premiums. This program is administered separately from MassHealth CommonHealth and requires an additional application.*

- **Community Case Management**

(800) 863-6068  
*Single point of entry for coordinated long-term care services for medically fragile children on MassHealth Standard eligible for continuous nursing services. Operated for the Office of Medicaid by the UMass Medical School*

- **Enhanced Coordination of Benefits**

(617) 866-8200  
*Helps MassHealth members and their families with care coordination by identifying all benefits from MassHealth and private insurances and helping with application process for MassHealth, MSCPA, and COBRA.*

- **Children's Medical Security Plan**

(800) 909-2677 or (888) 665-9993  
*Medical insurance available to otherwise uninsured children who do not qualify for Mass Health. Sliding scale fee.*

#### For Statewide Childcare Services

<http://www.eec.state.ma.us/cpcSearchResult.aspx>

##### Child Care Resources

[www.sevenhills.org/cafs/ccr/overview.html](http://www.sevenhills.org/cafs/ccr/overview.html)

Fitchburg Area (978) 343-7395; (800) 660-6269

*Provides voucher assistance for family and center based child care. Assistance for families with children with or without special needs to obtain appropriate childcare placements.*

##### Child Care Connection

(508) 757-1503; (800) 278-1503

[www.ccfscm.org](http://www.ccfscm.org) Worcester Area

*Assistance for Families with or without special needs to obtain appropriate childcare placements.*

##### Child Care Resources

[www.sevenhills.org/cafs/ccr/overview.html](http://www.sevenhills.org/cafs/ccr/overview.html)

Worcester Area (508) 856-7930; (800) 952-9183

*Provides voucher assistance for family and center based child care.*

#### Massachusetts Dept. of Developmental Services

**(DDS)** (formerly Dept. of Mental Retardation)

(413) 284--1500 or (800) 328-3123 [www.mass.gov/dds](http://www.mass.gov/dds)

Central/West Regional DDS Office (Palmer)

*Creating innovative and genuine opportunities for individuals with developmental disabilities to participate fully and meaningfully in, and contribute to, their communities as valued members*

##### Intake & Eligibility:

- **DDS General Family Support / Limited**

*Service planning and coordination, referral to local Family Support Centers, information and referral to community resources, projects to build family leadership and community involvement. Subject to available funding.*

- **DDS Enhanced Family Supports**

##### Intensive Flexible Family Support and Medically Fragile

**Family Partnership Programs** *provide direct assistance in critical situations where children are at risk for out of home placement due to intensive and complex needs or severe stress*

##### DDS Citizen Advisory Boards Central/West Regional DDS Office

(Palmer) (413) 284-1500 or (800) 328-3123 [www.mass.gov/dds](http://www.mass.gov/dds) (search: Citizen Advisory Boards) *For more information you may also contact the Office of Citizen Leadership: call (617) 624-7755 or email [citizenleadership@state.ma.us](mailto:citizenleadership@state.ma.us) Boards meet monthly and review regional services, conduct community educational projects, educate legislators, hold forums and hearings and advise state officials. Any citizen committed to supporting people with intellectual challenges may participate.*

#### Massachusetts Dept. of Public Health (DPH)

[www.mass.gov/dph](http://www.mass.gov/dph)

- **Community Support Line**

(800) 882-1435 (617) 624-5992 (TTY)

*Toll-free information on resources, public benefits, eligibility and referrals for families of children with special health care needs*

- **Early Intervention (EI)**

Central directory provided for DPH by MassFamily TIES

(800) 905-8437 [www.massfamilyties.org](http://www.massfamilyties.org)

*Statewide, integrated, developmental service available to families of children between birth and three years of age for whom there are developmental concerns. EI provides family-centered services and service coordination that facilitate the developmental progress of eligible children.*

2/14



- **Central Region Consultation Program (CRCP)**  
Jodi Russell, Coordinator 508-473-3422 x322 Fax: 508-473-0994  
[jrussell@critterionchild.com](mailto:jrussell@critterionchild.com)  
Consultation for families and children birth to five years old with complex care needs. Services include parent and provider trainings, equipment loan program and resources and referral information.
- **Early Intervention Parent Leadership Project**  
(877) 353-4757 [www.eiplp.org](http://www.eiplp.org)  
Supports EI families, works to promote advocacy and leadership skills, supports the EI system to become increasingly family-centered
- **Care Coordination Services**  
(800) 882-1435 (617) 624-5992 (TTY)  
Free assistance obtaining and coordinating public and private services for children with complex special health care needs
- **Children's Medical Security Plan**  
(800) 909-2677 or (888) 665-9993  
Medical insurance available to otherwise uninsured children who do not qualify for Mass Health. Sliding scale fee.
- **Catastrophic Illness in Children Relief Fund**  
(800) 882-1435 (617) 624-5992 (TTY) [www.mass.gov/cicrf](http://www.mass.gov/cicrf)  
Financial assistance for families who have extraordinary out-of-pocket expenses relating to their child's special health care needs
- **MASSTART (Massachusetts Technology Assistance Resource Team)**  
(508) 856-4155 Dotty Page, FNP, MSN  
Free consultation and planning assistance to families and schools for children and adolescents with special health needs, especially those assisted by medical technology
- **Pediatric Palliative Care Network (PPCN)**  
(800) 882-1435 [www.pediatric.palliative.care@state.ma.us](http://www.pediatric.palliative.care@state.ma.us)  
Provides support and services to families caring for children with life-limiting illness.

## Get information, support, training, referrals, and more

Educate yourself, connect with other parents. . . and when you're ready, get involved and advocate for change.

### The Federation for Children with Special Needs

(800) 331-0688 [www.fcsn.org](http://www.fcsn.org)  
Provides information, support and assistance to parents of children with disabilities, their professional partners and communities. Phone consultations, website, newsletter, trainings

- **Family TIES of Massachusetts**  
(800) 905-TIES (8437) [www.massfamilyties.org](http://www.massfamilyties.org)  
Central Region Parent Coordinator: Barbara Donati 508-792-7880 [Barbara.donati@state.ma.us](mailto:Barbara.donati@state.ma.us)  
Statewide information and support project for families of children with special needs and chronic illness. Central directory for Early Intervention information and referrals  
Barbara Donati, Parent Coordinator 508-792-7880  
[Barbara.donati@state.ma.us](mailto:Barbara.donati@state.ma.us)  
Provides information, referrals and support for families with children with special needs 0-22.  
Coordinates statewide parent-to-parent network

- **Parent-to-Parent Program**  
1-800-905 TIES (8437) [www.massfamilyties.org/p2p/p2p](http://www.massfamilyties.org/p2p/p2p)  
Program to bring together parents facing similar challenges in raising their children with special needs.

### Mass Family Voices

(800) 331-0688 ext. 210 [www.massfamilyvoices.org](http://www.massfamilyvoices.org)  
Parent run network of families, friends and professional partners brought together by the common concern for children and youth with special health care needs Information center, online listserv, topical conference calls, workshops and conferences, get technical assistance related to Mass Health, health care financing and services, improving access to care, and more

- **Mass Family Voices Listserv**  
<http://health.groups.yahoo.com/group/massfamilyvoices>  
An active online forum of family members and friends speaking out and sharing information to support children with special health care needs. Post questions and review daily message and responses from others with common experiences.

### PAL - The Parent/Professional Advocacy League

The Massachusetts branch of The Federation of Families for Children's Mental Health  
(617) 542-7860 Central (508) 767-9725 [www.ppal.net](http://www.ppal.net)

A network of parents and professionals promoting a strong voice for families of children and adolescents with emotional, behavioral and mental health needs. PAL advocates for supports, treatment and policies that enable families to live in their communities in an environment of stability and respect.

### Autism Resource Center of Central Massachusetts (ARC)

Sue Loring, Director (508) 835-4278 [www.autismresourcecentral.org](http://www.autismresourcecentral.org)  
Provides information and referral, family support groups, resource library, software preview and equipment loan, newsletter.

### Massachusetts Families organizing for change (MFOFC)

(800) 406-3632 Central (978) 297-2240 [www.mfofc.org](http://www.mfofc.org)  
Advocacy and leadership training in pursuit of high quality individualized community support for people with disabilities and their families

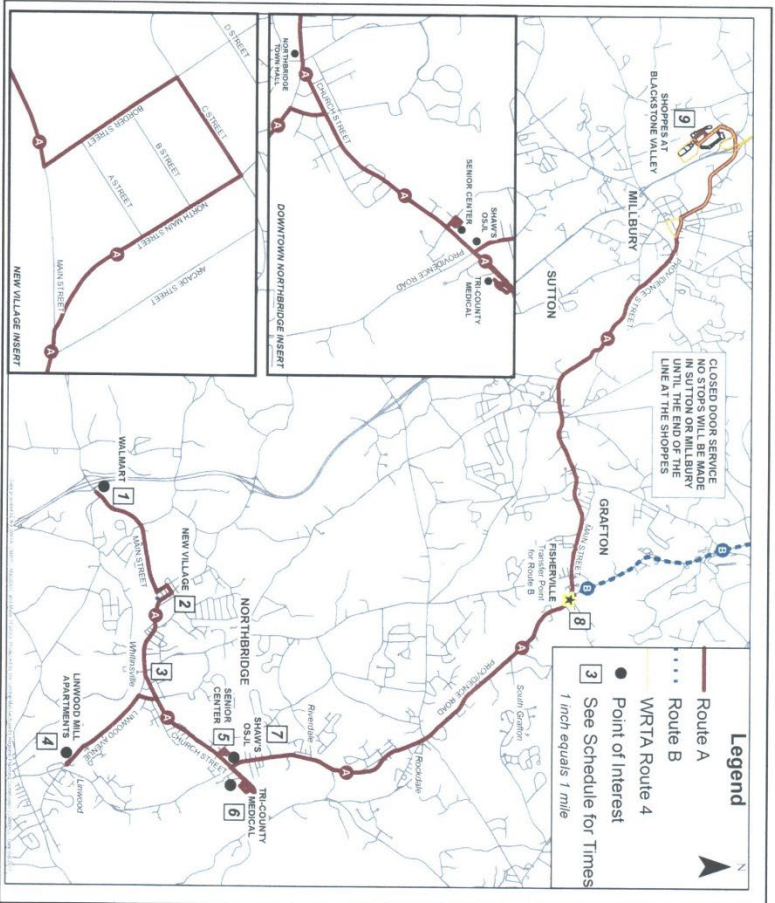
### Massachusetts Developmental Disabilities Council

(617) 770-7676 ext.115 (617) 770-9499 (TTY) [www.mass.gov/mddc](http://www.mass.gov/mddc)  
Information, support, training, referrals and advocacy to provide opportunities for people with disabilities and their families to enhance independence, productivity and inclusion.

- **Council Empowerment Funds Program:** Program to reimburse up to \$500 in expenses for individuals with developmental disabilities and/or family members or guardians to attend relevant conferences, trainings and events



# ROUTE MAP



# ROUTE A

NORTHBRIDGE WALMART—SHOPPES at BLACKSTONE VALLEY via Route 122A

**Effective Date: June 26, 2017**

**Serving:**

- ◆ Walmart Supercenter
- ◆ New Village Whitinsville
- ◆ Northbridge Senior Center
- ◆ Shaw's/Ocean State Job Lot
- ◆ Tri-County Medical Center (MRHC)
- ◆ Linwood Mill Apartments
- ◆ Rivdale and Rockdale Villages
- ◆ South Grafton/Fisherville Villages
- ◆ Shoppes at Blackstone Valley

**Translation**

**English:** If this information is needed in another language, please visit [www.therta.com](http://www.therta.com) and use the Google Translate feature.  
**Portuguese:** Se esta informacão é necessária em outro idioma, por favor visite [www.therta.com](http://www.therta.com) y e use o Google Translate.  
**Spanish:** Si necesita esta informacón en otro idioma, por favor visite [www.therta.com](http://www.therta.com) y utilice Google Translate.  
**French:** Si vous devez ces renseignements dans une autre langue, prière de vous rendre sur Google Translate qui se trouve à l'adresse suivante: [www.therta.com](http://www.therta.com).  
**Polish:** Jeżeli informacja zawarta na tej stronie jest potrzebna w innym języku, odwiedź stronę: [www.therta.com](http://www.therta.com).  
**Vietnamese:** Nếu bạn cần thông tin bằng tiếng Việt, vui lòng truy cập: [www.therta.com](http://www.therta.com).  
**Chinese (Traditional):** 如需此网站的资讯以另一语言, 请访问 [www.therta.com](http://www.therta.com).  
**Swahili:** Kama unahitaji habari ni katika nyimboi lugha unaweza kuonyeza mahali pamojandikwa "Google Translate" hapaa juu.  
**Note:** French, Spanish, Polish and Portuguese translations were created by human translation from the English version. Vietnamese, Chinese, and Swahili translations were created from the English version using Google Translate. There are likely grammatical errors in these translations, however, time constraints required use of Google Translate for bus schedule printing within necessary timeframe (May 2017).

**How to Ride the Bus**

- If this is your first trip on the bus, you may be a little nervous. Don't worry — WRTA personnel are ready to help you! Here are a few tips:
  - It is best to arrive at the curbside at least five minutes early. Buses will stop if they are waved down and if it is safe to stop at that location.
  - When boarding the bus, give exact cash fare to the driver (if you qualify for reduced fare, show your identification card to the driver).
  - As the bus approaches your stop, let the driver know where you want to leave the bus.

For more information on How to Ride the Bus, visit [www.therta.com/faqs/how-to-ride-the-bus](http://www.therta.com/faqs/how-to-ride-the-bus) or call 508-791-9782



For Transit Information,  
 call **508-791-9782** or visit  
[www.therta.com](http://www.therta.com)





## OUTBOUND — WEEKDAYS

See the map for matching time point locations

1	2	3	4	5	6	7	8	9
BUS STARTS	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS ENDS
9:10	9:13	9:16	9:20	9:30	9:34	9:37	9:47	9:57
10:50	10:53	10:56	11:00	11:10	11:14	11:17	11:27	11:37
12:30	12:33	12:36	12:40	12:50	12:54	12:57 <sup>a</sup>		
1:30	1:33	1:36	1:40	1:50	1:54	1:57	2:07	2:17
3:10	3:13	3:16	3:20	3:30	3:34	3:37	3:47	3:57

Walmart  
New Village Core Mark  
Church and Linwood Streets  
Linwood Mill Apts.  
North-bridge Senior Center<sup>b</sup>  
Tri-County Medical Center  
Shaw's/Ocean State Job Lot  
Rt. 122A South Grafton+  
Blackstone Valley Shoppes

## INBOUND — WEEKDAYS

See the map for matching time point locations

9	8	7	6	5	4	3	2	1
BUS STARTS	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS LEAVES	BUS ENDS
10:00	10:15	10:25	10:28	10:31	10:40	10:44	10:47	10:50
11:40	11:55	12:05	12:08	12:11	12:20	12:24	12:27	12:30
2:20	2:35	2:45	2:48	2:51	3:00	3:04	3:07	3:10
4:00	4:15	4:25	4:28	4:31	4:39	4:42	4:45	

Blackstone Valley Shoppes  
Rt. 122A South Grafton+  
Shaw's/Ocean State Job Lot  
Tri-County Medical Center  
North-bridge Senior Center<sup>b</sup>  
Linwood Mill Apts.  
Church and Linwood Streets  
New Village Core Mark  
Walmart

### Welcome Aboard the WRTAI

This route timetable shows the times of departure at major stops along the route and contains route maps and other important information. Additional information can be obtained by calling the WRTAI Information Line at (508) 791-WRTA (9782) or visit our website at [www.therta.com](http://www.therta.com).

**Weekday Service** is provided on Martin Luther King Jr. Day, President's Day, Patriot's Day, Columbus Day, Veterans' Day, and the Day after Thanksgiving.  
**NO SERVICE ON:** New Years Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, Christmas Day

**Please, NO Music, Smoking, Eating, or Drinking**

### WRTA FARE INFORMATION

Effective July 1, 2017

Full Cash Fare (Adults age 14 and up)	\$1.75
Senior/Disabled Cash Fare	\$0.85
Children 5-13 years of age accompanied by an adult	\$0.85
Children 9 years of age not accompanied by an adult	\$1.75
Children under 5 with adult	FREE

**ACCESSIBILITY:** All WRTA buses are wheelchair accessible. For TTY service call Massachusetts Relay TTY (800) 439-2370.  
**PROPER IDENTIFICATION:** One of the following valid identification cards must be shown to the driver each time you board:  
**SENIOR:** . . . . . WRTA Senior ID card  
**DISABLED:** . . . . . Statewide Access Pass/WRTA ADA Photo I.D./MCI I.D.  
**MEDICARE:** . . . . . Medicare card with Photo I.D.

The Federal Transit Administration permits transit systems to set a minimum age limit for unaccompanied children on public transit. The WRTA has set this age limit at nine (9) years of age. Children under the age of nine (9) must be accompanied by a parent, guardian, or other responsible adult or caregiver. If an operator is not satisfied with a child's answer, the operator may call the child's supervisor and/or public safety personnel. This policy applies to Paratransit Services as well.

### Flexible Routing

Buses can leave the route and "flex" to locations within 3/4 of a mile off the route and be open to the general public. To request a flex, please call 508-752-9283 or 1-877-743-3852 by 4:30pm the day prior to the trip.

WRTA limits the number of flexes on each trip to two by request flexes on each trip to most locations within 3/4 mile of the route. If a flex is not available for your desired trip time, you can choose another time or get to a bus stop along the route.

**PLEASE HAVE EXACT FARE READY WHEN BOARDING THE BUS. DRIVERS DO NOT MAKE CHANGE.**  
**FARE IS CASH ONLY. CHARLIE CARDS CANNOT BE USED. ACTIVATED ONE-DAY AND MONTHLY MAGNETIC PASSES WILL BE HONORED.**

**SERVICE DOES NOT RUN ON SATURDAY OR SUNDAY**