

# GRATITUDE

## SCAVENGER HUNT

- ① FIND SOMETHING OUTSIDE YOU LIKE LOOKING AT!
- ② FIND SOMETHING THAT IS USEFUL FOR YOU!
- ③ FIND SOMETHING THAT MAKES YOU HAPPY!
- ④ FIND SOMETHING YOU KNOW SOMEONE ELSE WILL ENJOY!
- ⑤ FIND SOMETHING THAT MAKES YOU LAUGH!
- ⑥ FIND SOMETHING THAT TASTES GOOD!
- ⑦ FIND SOMEONE PERSON/PET THAT YOU LOVE SPENDING TIME WITH!
- ⑧ FIND SOMETHING YOU ARE THANKFUL FOR.
- ⑨ FIND SOMETHING OR SOMEONE THAT MAKES YOU FEEL SAFE!
- ⑩ FIND SOMEONE YOU LOVE!



**Beginning  
Bridges CFCE**

Working Together To Strengthen Families